

Residents/Caregivers:

As you know, after a very long year, the OK State Dept of Health (OSDH) is now allowing visitation in nursing homes and assisted living facilities.

Hopefully the information contained in this newsletter will answer your questions, but if not, please don't hesitate to reach out to one of our administrators or me.

For the Health Center, contact Paul Gilbert, pgilbert@uvrc.com, 918-298-3570.

For the Assisted Living, contact Ryan Alsup, ralsup@uvrc.com, 918-298-3656.

For the Independent Living (IL apts or cottages), contact Annette Arrington, arrington@uvrc.com, 918-298-3517.

- Open **visitation begins Friday, March 19th** in all areas at University Village. Visiting hours are not limited.
- **All visitors must enter through the front entrance.** All visitors will be required to **wear a well-fitting mask**, have their **temperature checked** and **fill out a screening form**. **Visitors can only go into their loved one's unit**, no where else in the building (no common areas including the dining room, theater, activity rooms, lounges).
- **Visitors are encouraged to perform hand-hygiene before and after the visit** (alcohol-based hand rub).
- **Residents must consent to all visitors.** If a resident lives in a shared room (two people per room), visits will have to take place outside of the room. Space will be provided for those visits.
- Any **visitors with symptoms** (temperature, productive cough, sore throat, etc.) **or anyone exposed to someone with COVID-19 will not be allowed to visit.**
- If the county positivity rate goes above 10%, then visitation will be limited (we can define that further when and if this scenario occurs).
- If one resident or one staff member test positive, then we must stop the visitation, test everyone and isolate the one positive resident (send the employee home) before resuming the visitation. We must have at least one round of all negative tests before we can resume the visits.
- The only residents that must be in quarantine (14-day isolation) are those that have been exposed to someone with COVID or those exhibiting COVID-like symptoms. No quarantine for going to doctor's appointments with family or when returning from hospital.
- The OSDH recommends outdoor visitation when possible as the CDC states it is the safest way to visit.
- OSDH states number of visitors is based on size/space and risk level.
 - For residents/patients living in the health center/skilled nursing, they can have up to two visitors at one time.
 - For residents living in the assisted living/independent living apartments, they can have up to three visitors at one time.
 - OSDH is allowing pets and children to visit, but is asking everyone to proceed with caution. If you feel a child/teenager could have been exposed to someone with COVID, please do not allow them to visit for 14 days from the date of their potential exposure.

- Residents can now go out with their family members. Families can take residents to their appointments, shopping or out to eat.
- Visitors not adhering to the OSDH protocols will be asked to leave.
- We will continue to test our staff weekly and I will inform you if we have any positive results.
- The OSDH expects all visitors to adhere to the 6 foot social distancing rule. While you are walking to your loved one's unit, please make every attempt to stay 6 feet from other residents you might pass in the halls.
- You will see instructional signs throughout the building, but please don't hesitate to ask someone if you have a question about these procedures.
- The OSDH recommends all visitors to watch the attached short video, though it is not required: <https://vimeo.com/521467277>
- Visitors do NOT have to show proof of being vaccinated or a negative COVID test. OSDH recommends that all visitors be vaccinated or get tested prior to visiting.

We are thrilled to have you back in the building. Our residents/patients are looking forward to seeing your smiling faces.

Again, if you have any questions, please do not hesitate to reach out to one of us,

Vanessa